

Town of Nantucket Finance Committee

Agenda of the Finance Committee Meeting of Thursday, February 19, 2015 4 Fairgrounds Road Training Room 4:00PM

- 1. Call to Order.
- 2. Public Comment.
- 3. Approval of Minutes from Meetings on February 17, 2015.
- 4. Committee Reports.
- 5. Review of Health and Human Services Funding Allocations.
- 6. Review and Finalize Motions for Warrant Articles for 2015 Annual Town Meeting.
- 7. Date of Next Meeting: March 2, 2015.
- 8. Adjournment.

TOWN OF NANTUCKET CONTRACT REVIEW COMMITTEE

February 16th, 2015

REPORT AND RECOMMENDATIONS: FY 2016 HUMAN SERVICES GRANT AGREEMENTS (PER CODE OF NANTUCKET CHAPTER 12)

This presents the independent report and recommendations of the Contract Review Committee [CRC] regarding the placement on the Town Warrant of Proposed Awards of Town Human Services Grant Agreements for FY 2016. This report is submitted to the Finance Committee and the Board of Selectmen as required by Chapter 12 Section 6 of the Code of the Town of Nantucket.

In support of our recommendations, the CRC also forwards our Analysis and Rationale for Recommendations for each proposal [Attachment A], Article 9 Funding History dating from FY 2000 [Attachment B] Data from Human Service providers on services provided [Attachment C].Inquirer and Mirror article 1/15/2015(Heroin use on the rise on Nantucket by John Stanton front page)[Attachment D]Inquirer and Mirror 1/15/2015 District Court Report by Lindsay Pykosz[Attachment E]Inquirer and Mirror 2/12/2015 Dangerousness Hearing continued in beating case by Lindsay Pykosz[Attachment F] The Boston Globe 2/01/2015 by Brian MacQuarrie Middle –age suicides rattle Nantucket[Attachment G]United States Census 2014[Attachment H]WCAI Cape and Island radio May 27th 2014 Major Demographic Shifts Hit Nantucket Schools By Jason Graziadei [Attachment I]Nantucket Public Schools 2014-2015 enrollment[Attachment J]Back to Basics Council for Human Services 2010 Report to the Board of Selectman [Attachment K]Town Of Nantucket Registered voter population [Attachment L] Nantucket Cottage Hospital Quartley report FY2015 to the town of Nantucket July-September October-December[Attachment M]

SUMMARY

The Town Manager has identified an increase in the Human Services Budget from \$317,880 for FY2015 to \$350,000 for FY2016. The CRC supports this increase and applauds Town Management for the continued support of such vital services to the Island community. Accordingly, the CRC is recommending allocations among the proposals received within that budget target. The CRC continues to believe that the economy, increasing human services needs, public health and safety concerns and changing demographics amply justify the increase in the sum that the Town has budgeted for this purpose.

Accordingly, in addition to the recommendations for funding within the target budget, the CRC has support documentation for the need of the new budget.

The CRC has done their due Diligence, and deliberated carefully in crafting these recommendations. We recognize that the Town has no legal obligation to provide human services such as these, and that if it does, a public purpose must be identified and served.

In addition to the grant packet submissions The CRC requested additional information pertaining to the following services areas: Increase in services provided to individuals, was there an increase in the number of individuals seeking services, had there been an increase in cost of services provided? In addition to reviewing each grant proposal for FY2016 the CRC board members were paired to meet with the individual Human Service providers for onsite interviews after grant presentations. In-depth research was done on the Islands Human Service's needs.

The United States Census for 2013 shows the Island population to be 10,200 with an increase of 2.2% in the Island community over 2012 with no availability of the 2014 census. The Town of Nantucket 2014 Census earmarks the population at 12,484, a 2,284 discrepancy to U.S. Census. Markedly the Nantucket Public Schools enrollment shows a marked increase of 26% since 2010 with a projected increase of an additional 14% by 2019, demographically over the last twenty years the school has seen a significant change. In 1994 97% of the school population was Caucasian, in 2014 the schools demographic was 61% Caucasian, 21% Hispanic, 15% African American, 3% Eastern European. Massachusetts Town Clerks use an adage formulation of for every registered voter there is a non-registered voter, Nantucket's registered voter population is 8,608 using this formulation that would place us at a population of over 17,216. If you were to take the voting population of 8,608 and add the total enrolled school population of all three school servicing school age children of 1786, and The Massachusetts E.E.C statistics showing 205children aged 2.5 to 5 enrolled in early childhood programs on Nantucket these totals alone are 10,599 already placing us 399 over the current U.S. Census number . Taking into effect these are the only documented population verifiers. Registered birth certificates for the Town of Nantucket show that only 1/3 of the children being born on Nantucket are born to parents that are American Citizens. The Nantucket Cottage Hospital Health Care Advocacy Program (Social Service department) provides services to 2186 individuals quarterly just under 2/3 are non-citizens. When reviewing the available information it could be estimated that Nantucket does not have a year-round population of 10,200, perhaps a more accurate figure would be close to 20,000. If we were to take the U.S. 2013 Census number of 10,200 and compare it to the Town Census of 12,484 there is a 22.39% in the island population. On the same note if we took the estimated population done by the adage analysis of 17,216 there would be a 51.18% increase in the Island population, now if we took the possible estimate of 20,000 that would show us a 96.7% increase in the Island population.

This increased population brings with it more strain on all aspects of the Island services whether public or private, as well as increased issues related to such a spontaneous growth. We have seen an alarming growth in the disease of substance abuse effecting our island Community especial our young adults, the magnitude in which both physical and sexual assaults have changed is frightful. Mental health issues continue to plague our health care providers. With no access to State and Federal Human Services support

agencies for walk in help, social service providers are called upon to provide the needed advocacy. There is a need for a greater continued care for the growing elderly community, there is an increased inability to access affordable housing. On top of all is the very prevalent change in the islands demographics. It then becomes evident by sheer number alone that the Human service providers on a whole are serving more needs to the Island community.

It is important to note that in FY2000 the Town of Nantucket allocated \$465,948 in the Human Services Grant monies. In FY2010 the Human Service Grant monies decreased by 10% going from \$331,000 in Fy20099to \$297,900 in FY2010. In FY 2015 the Human Service Grants was \$317,880 a 6% increase from FY2010 still 4% shy from the FY2009 funding. The requested increase of 9% for FY2016 will in entirety be an increase of 5% since 2009. The difference in allocated funds for Human Service since 2000 has decreased by 25% if the FY2016 request is granted.

In reviewing each proposals, we have determined that 1) a public purpose is served by the services; 2) the provider has demonstrated that the proposal is cost-effective; and 3) the services meet a specific need level which was identified by the Council for Human Services in its 2010 "Back To Basics" 2010 Report to the Board of Selectmen on Human Services Contracting. [Attachment H].

REQUEST

We respectfully request that the Board of Selectmen adopt the funding recommendations set forth below and that the Finance Committee issue a positive recommendation on these allocations within Article 9 of the Town Warrant.

CRC FY 2016 Article 9 Funding Recommendations

	Agency	FY 2014 Award	FY 2015 Award	FY 2016 request	FY 2015 CRC Recommendations
1	A Safe Place	\$45,000	\$44,000	\$50,000	*\$50,000
2	ASAP	\$4,000	\$4,000	\$6,750	*\$6,750
3	Elder Services of Cape Cod	\$13,000	\$13,000	\$13,000	\$13,000
4	Family Planning	\$10,000	\$11,000	\$24,960	*\$24,960
5	Family & Children's Svcs	\$110,000	\$100,000	\$110,000	\$100,000
6	MVCS	\$12,000	\$12,000	\$12,000	\$12,000
7	Legal Services	\$4,000	\$4,000	\$4,120	\$4,120
8	Rental Assistance Program	\$30,000	\$30,000	\$40,000	\$25,000

9	Emergency Food Pantry	\$34,000	\$35,000	\$40,000	\$35,000
10	NCH Social Services	\$35,880	\$35,000	\$62,170	\$57,170
11	Access Nantucket (formerly Nantucket Aids Network	\$20,000	\$19,880	\$53,440	\$15,000
12	Small Friends		\$10,000	\$10,000	\$7,000
	Totals	\$317,883	\$317,880	\$427,055	\$350,000

Contract Monitoring

Following the approval at Town Meeting in March, 2013 of Human Services Contracts, the CRC commenced a project to conduct site visits and interviews with providers who were performing services in order to have a more hands on method for reviewing and assessing the performance of providers.

Although the Human Services Director had provided such oversight and reported to the Council for Human Services and the CRC in the past, the CRC believed that first hand observations and contact would enhance the ability of the CRC to understand the work provided under the town's Grant Agreements and to more accurately report to the Board and the Finance Committee regarding the public purpose served as well as the cost effectiveness of the programs observed.

After discussion and analysis, the CRC established the following methodology: Two members were assigned to a provider and were asked to visit with and interview the principals of the agencies assigned. Thereafter, the factual details and results of the visits and interviews were reviewed and discussed at an open meeting of the CRC.

All members reported that they had learned much from the experience. Written narratives were submitted in some cases and in other cases reports of the CRC members were provided orally at the open meeting.

For FY2016 the CRC has made recommendations for added provisions to some contracts to help better monitor the services providers.

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CRC funding history through FY15 recommendations

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ATTACHMENT C

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FW: Statistics

From: Katharine Robinson Grieder (kat@asafeplacenantucket.org)

Sent: Tue 2/17/15 3:38 PM

To: dee edwards (hoss.75@live.com)

Kat

Katharine Robinson Grieder

Executive Director

Please note our new address:

A Safe Place, Inc.

5B Windy Way

Nantucket, MA 02554

(508) 228-0561 x11

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2/17/2015

From: Katharine Robinson Grieder

Sent: Friday, February 13, 2015 4:55 PM

To: 'dee edwards'
Subject: Statistics

ATTACHMENT C

Hi Dorothy,

As I suspected, this was a little challenging, but here's what I have for you. I hope it's helpful. I compared the most recent fiscal quarter Oct-Dec 2014 with the previous year Oct-Dec 2013 because I could use our new database to do that.

The total number of active clients during that time period was pretty similar, increasing from 74 in 2013 to 77 in 2014, but the number of hotline calls and total sessions increased significantly! Hotline calls increased from 59 to 83 (41% increase) and sessions 452 to 536 (19% increase).

I wish I could do better and give you more in depth data. I do know that last month, January, 15 of the 53 folks we had contact with were new. A lot of people are struggling...plus I'm sure you've read the articles in the paper.

Good luck and let me know if there's anything else you need.

Kat

Katharine Robinson Grieder

Executive Director

Please note our new address:

A Safe Place, Inc.

5B Windy Way

Nantucket, MA 02554

(508) 228-0561 x11



A COMMUNITY OUTREACH PROGRAM OF THE NANTUCKET INTERFAITH COUNCIL

	Sep-14	Oct-14	Nov-14	Dec-14	<u>Jan-15</u>
<u>Total</u>					
Households	155	222	272	244	256
Adults	234	352	466	443	445
Children	149	224	337	328	274
Seniors	17	22	20	17	24
Total served	400	598	823	788	743
Bags + Holiday	474	763	945+336	793+366	853
<u>Unique</u>					
Households	93	129	177	161	140
Adults	140	200	304	283	239
Children	85	125	204	189	153
Seniors	8	15	13	10	11
Total served	233	340	521	482	403

Thank you for your support!

3 Ways you can make a difference:

Write 1 check a month (help offset \$3,500 monthly food budget)

Volunteer 2 hours a month (deliveries, fresh produce, food rescue, asset mapping, stewardship, food literacy, film series, community event planning, advocacy, administrative)

Add 3 favorite items to your grocery cart a month

For more information, please contact

Anne Marie Bellavance ACKfoodpantry@gmail.com

(508) 228-7438

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ATTACHUICUT C

Close

Health Imperatives- Nantucket Family Planning

From: dee edwards (hoss.75@live.com)

Sent: Fri 1/23/15 2:52 PM

To: Alex Rosenberg (arosenberg@healthimperatives.org)

Alex

Thanks for the information it was a very informative meeting with you. I am excited that you are in this position Healthy imperatives is lucky to have you.

Sent from my Windows Phone

From: Alex Rosenberg (arosenberg@healthimperatives.org)

Sent: Fri 1/23/15 11:27 AM

To: hoss.75@live.com (hoss.75@live.com)

Cc: Emily Gold (egold@healthimperatives.org)

Hi Dorothy and John,

Thank you both for taking time to meet with me on Monday. I am very excited about the work Health 2014, we performed 132 rapid HIV screenings at Nantucket Family Planning. There were 478 Fall 2013, Nantucket Family planning had 577 visits. In looking at/comparing the data, one notice

Please feel free to contact me with any questions you might have.

Thank you, Alex





Nantucket's Newspaper Since 1821 – New England's Weekly Newspaper of the Year

The Inquire rand Mirror Nantifekets Mass

VOL 1941NO 3410515561730

Thursday langard by 2015

roin use on the rise on Nantuckel

Cöntributing Writer By John Stanton

Wit happens like this. Police They begin CPR, maybe on a man in his mid-20s. They adan opioid antagonist, and prevent the OD from becoming a DOA. The ambulance and patrol car make their way toward Nantucket 'Cottage Hospital are called to the site of a pominister a drug called Narcan, Ltential heroin overdose. with the patient.

It is a story that plays out more and more on-island, three times in December alone. Law als, agree that Nantucket has a enforcement officials, healthcare and counseling professionheroin problem. They stress, however, that the roots of that problem can be as different as the addicts themselves,

than a few years ago," said Nan-"Heroin is more prevalent

In the cold logic of the illegal

drug trade, market potential tional or psychological struggles and drug dependence problems. follows on the heels of emo-

their workdays dealing with the fallout of drugs advise against Heroin problems are often But again, people who spend seeing the problem through a the next step for opioid abusers. single lens.

Services of Nantucket (FCSN). "I don't want to oversimplify it,"said Tess Pearson, executive director of Family & Children's

Photo by Nicole Harnishfeger

by Nantucket Police nearly two Drug paraphernalia collected

years ago in February 2013.

tion opiates and it transferred

to heroin. The market gets foothold and things expand."

"People were using prescriptucket police Lt. Jerry Adams.

"Addiction is complex and a lot of things contribute. The housing situation is a challenge. months. It can be difficult findog and the financial challenges of getting off-island can influhave to do the shuffle every six ing stable year-round work. And yes, the dark weather, the ence people. But it's not the Many people we work with same for all people."

Family & Children's Services

housing situation is a challenge...And yes, Addiction is complex the dark weather, the fog and the financial challenges of getting influence people." and a lot of things of frank's want to contribute. The oversimplify it. off-island can

numbers of people looking for help. A clinician from FCSN is alled to the emergency room to creased heroin problem in the Pearson said she sees the in-



Tessandra Pearson, executive director of Family & Children's Services. Tessandra Pearson

help evaluate in overdose cases. the number of walk-in cases as well as referrals from doctors There has been an increase in

HEROIN, PAGE 10A

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Heroin: Family key in fighting addiction

clean." and how they can get got to where they are Rays Moy punissapun you addicts part of any rehab. It's Younseling is the key



Dr. Tim Lepore

help them find an answer," he they can go to you and you will important that your kids know problem, you probably do. It is diction. If you think you have a

in schools as young as middle measure. She said it can begin tion is the first preventive Pearson agrees that educa-

might begin socially and end up pen to you," she said. "Drug use them to understand it can hapdrug addict and you have to get "Nobody starts off being a

She said more and more it is cal addiction." being physical and psychologi-

and ended up on heroin. have started with painkillers while an older generation may early 20s that are using heroin, young men and women in their

tion there are more protective we can arm people with educapoor coping skills," she said. "If factors like boredom, stress, and cycle of addiction, and on risk treatment options, about the cracks and educate them on catch people falling through the have been working together to A lot of community leaders

factors to prevent them from

Addicts trying to get clean picking up a needle."

(Continued from page 1A)

and judges.

increase in calls to the crisis "We also see it through an

fered and, when appropriate, nician. Telephone support is ofneed to speak to the on-call cli-I yes ai ob ot been noy IIA". e882. is free. The number is (508) 228steepol problems. The crisis line anybody dealing with drug and 365-day-a-year crisis line for FCSN provides a 24-hour, line," she said.

to fighting addiction Three-pronged approach

creased in recent months. There mobile support. Calls have in-

services since September" has been a great demand for

page was crack cocaine. the drug problem on the front ment and treatment. In 2000 around prevention, law enforcewith drug problems, centering pronged approach to dealing Adams takes a three-

Law-enforcement strategy seeing with heroin these days." prevalent anymore, like we're around. It's just that it isn't legal marketplace. It's still in 2004, had shut down that ilvestigations which had begun rests of key dealers, based on in-"But by 2010 a number of arbe on the rise then," he said. 'It was crack that seemed to

closer to home. drugs, but island users look often go to larger cities to buy snesl mainland towns users gators. Adams said that in state police and federal investipolice work in concert with addicts, who supply them. Local dealers, generally not heroin their own habits and the larger who sell to get heroin to feed tall into two categories - addicts ply of heroin. Drug dealers often centers on suppressing the sup-

– Dr. Tîm Lepore

is a combination opioid antagoa drug called Suboxone, which

Lepore offers treatment with

tanyl, which is an extremely po-

tent narcotic."

their salary for stuff and they Mad gaived bas gaittone to "People get sick of injecting treated with Suboxone by him. tween 40 and 50 islanders being At any given time there are beblocks the urge to use heroin. nist and opioid blocker, which

they have to do to get clean." noment of clarity to see what ities. It is a way they can find a themselves up to criminal activgetting Hepatitis C or opening harm reduction. They are not work in two ways. The first is getting potentially clean. It can to ealso gives them a bridge of and tired," Lepore said. "Suboxget sick and tired of getting sick

Suboxone. same thing can happen with to methadone. Lepore said the tion to heroin with an addiction been that you replace an addicmethadone treatments has long downside. of The place it is available is on Cape highly regulated and the closest Methadone treatment is

"That's what got me inter-

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(Continued from page 2A)

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not responsible for a charge of attempting to commit a crime, both charges stemming from cutors after the victim declined Christopher A. Russell, 35, of pretrial probation for one year tery on a police officer. A charge to cooperate, and he was found Derby, Conn., was placed on and ordered to remain alcohol ree stemming from a July 13, 2014 charge of assault and batof assault and battery was dismissed at the request of prosethe same date.

Robison, 51, were dropped in District Court so they can be following his indictment in gransferred to Superior Court Three counts of rape against Atlanta businessman and island summer resident John M. early December

- The pretrial probation of released after posting \$5,000 timore sought - and the Nantucket Country Grand Jury handed up - indictments on two Robison was arraigned on the charges last summer and cash bail. Cape & Islands Assistant District Attorney Tara Milcounts of rape in December.

Surfside Road, stemming from a Nov. 19, 2013 charge of receiving stolen property, was termi-

Fose A. Tejada-Lopez, 51, of 34

During Wednesday's District Court session, Carlos C. Chilel,

person over 14 (amended from cent assault and battery on a indecent assault and battery on a person with an intellectual disability). He was ordered to stay away from and have no contact with the alleged victim. probation for two years for two 29, of Florida, was placed on June 4, 2014 charges of inde-

\$250 stemming from the same charge of negligent operation of a motor vehicle and malicious erating a motor vehicle under the influence of alcohol against Patricia A. Dew, 58, of 18 Wood Hollow Road, will be continued without a finding for one year. A destruction of property over A July 10, 2014 charge of opdate were dismissed.

Michael T. Fleischut, 47, of 13 Amelia Dr., was placed on 8, 2014 charge of assault and months stemming from an Aug pretrial probation for

was found not responsible for a motor-vehicle bylaw violation of Pembroke, Mass. Gleason A March 8, 2014 charge of ing a motor vehicle under the finned without a finding for one year against Dana Gleason, 39, negligent operation of a motor vehicle (amended from operatinfluence of alcohol) will be constemming from the same date.

A May 14, 2014 charge of Grimaldi, 71, of Greenwich, negligent operation of a motor vehicle against Bugene

out a finding for one year. A cohol was dismissed and he was found not responsible for a marked-lanes violation, both charges stemming from the charge of operating a motor vehicle under the influence of al-Conn., will be continued with-

use in a felony and making a device/substance, body armor. ing/transporting/using a hoax Road, was placed on pretrial ming from June 8, 2014 charges of disorderly conduct, possess-Asa J. Hubner, 61, of 6 Essex probation for three years stembomb/hijack threat.

derly conduct stemming from sisting arrest. A charge of disorand placed on probation for two years on July 25, 2014 charges of assault and battery and re-Rusty's Way, was found guilty the same date was dismissed. Colin O'Brien, 28,

erating a motor vehicle with a. suspended license against Edwin E. Regalado-Alvarado, A Jan. 12, 2015 charge of op-28, of 29 Nobadeer Farm Road will be dismissed upon payment of \$200 in court costs.

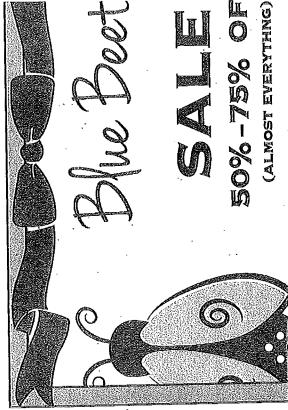
against David J. Sparrow, 24, of Unity, Maine, upon payment of \$100 in court costs. He was found not responsible for a license-plate violation stemming icensed operation of a motor A Jan. 13, 2015 charge of unrehicle will be dismissed from the same date.

ming from a Sept. 2 charge of Road, was placed on pretrial probation for six months stemreceiving stolen property.

Income the state of the Trible Jose A. Valle, 34, of 14 Bailey

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girlfriend severely continued to March 2 Dangerousness hearing for man who beat

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the new Massachusetta Domesdangerousness, as defined by he could be held without bail for the maximum amount of time Johnson be held for 120 days, Higgins requested that

Moriarty's argument, but said Barrett said he appreciated tic Violence Law

"The testimony and the allene was inclined to hold John-

Barrett said. present danger to this person," show me there's a clear and gations and the photographs

probable cause hearing. turn to court March 2 for a Johnson was ordered to re-

trial hearing was scheduled for during a search warrant. A pretound in Johnson's vehicle after asw Jellud redilas-SS. a ,noia released during the court ses-(FII). According to information Firearms Identification Card sessing ammunition without a Thursday on a charge of pos-He was also arraigned last

March 2.

charge of distribution of a class E10S ,es ylul a mon anim pended for three years stemserve and the balance susrections with six months to the Barnstable House of Corwas sentenced to 18 months in Lamotta, 27, of 8 Equator Drive, from last Thursday, Wesley L. In other District Court news

July 27, 2013 charge of distribu-A gurb H seals a lo nottudirtaib from a July 25, 2013 charge of tion for three years stemming Lamotta was placed on probato distribution of a class C drug, After making an admission Burb A

were continued to later dates. Monday's District Court session the island, all cases during judge's inability to make it to Due to weather and the missed.

tion of a class B drug was dis-

nosmot many atmost asi biss fist and elbow, Lt. Jerry Adams head and chest area" with his the car and "beat her about the Point Road, dragged her from

Johnson then allegedly was arraigned.

Road and beat her again. an isolated area off South Shore dence, only to later drive her to car and drove back to his resiplaced the victim back in the

relp, dence to a neighbor's house for asleep, the victim fled the resihome, When Johnson fell The two then returned to his

arilified to a Boston hospital for proken. She was subsequently her facial bones were allegedly lo ennos bns enoisumos elquium fered several internal injuries, Adams said the victim suf-

Attorney Robert Morisrty. treatment,

wish to go forward with the person that the victim doesn't indication by an independent also stated that there has been or the community at-large, He client is a danger to the victim met their burden in proving his he didn't believe prosecutors who represents Johnson, said

from the victim. gested he order him to stay find him dangerous, he sugbehavior," but if Barrett were to doesn't have a history of "this Morranty said that Johnson

ticular point in time," Moriarty It's his main focus at this parschool that he needs to support. "He has children in middle

selves." lifted to Boston "speak for themand the need for her to be airsaid that the victim's injuries District Attorney Dan Higgins Cape and Islands Assistant .bisa

volved through the pendency of injure should he become inmale he feels entitled to drag or community for any other fe-"He presents a danger to this

> lpykosz@inkym.com By Lindsay Pykosz

Thursday in Nantucket District dangerousness hearing last House of Corrections after a to be held in the Barnstable An island man will continue

the early morning hours of Jan. beating that took place during friend, the victim of an alleged deemed a threat to his girl-Hooper Farm Road, was Keith M. Johnson, 42, of 69

and battery. sault and battery and assault gerous weapon, aggravated asassault and battery with a danbattery on a person 14 or over, jury, indecent assault and -ni ylibod anoinea ritivy gniqan month on charges of armed lcid-Johnson was arraigned last

vicum. mains a threat to the alleged timony, he believed Johnson resaid that, after listening to tes-Judge Thomas S. Barrett

ual," Barrett said. the public, but to this individto this individual. Maybe not to that this gentleman is a danger much more clear or convincing "The evidence couldn't be

legedly saying "he beat me," in victim was "yelling for help," alent teatified at the hearing that the alleged victim asked for help, Surfaide Drive house where the was initially dispatched to the Officer Michael Cook, who

swelling visible around her face fering severe injuries, with Cool said that she was sufreference to Johnson.

and neck.

where he beat her, drove to Eel parking lot at Surfside Beach legedly drove her to an isolated they began arguing. Johnson albns nosndol divy saw eda tadi investigation, she told them lance, and after subsequent tim was transferred by ambu-Cottage Hospital, where the vic-Officers went to Nantucket

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30 Comments

Middle-age suicides rattle Nantucket

Island is grappling with troubles for the middle-aged



ROB BENCHLEY FOR THE BOSTON GLOBE

Tess Pearson of Family & Children's Services said the suicides caught the island by surprise.

By Brian MacQuarrie | GLOBE STAFF FEBRUARY 01, 2015

' NANTUCKET — Seven middle-age residents of Nantucket have committed suicide since October, shattering the off-season quiet and sending islanders scrambling for answers

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e," said Tess Pearson, executive ket. "It's a huge loss."

ELOW ₩

orkers said they cannot yet point to an overarching reason for the suicides. But deceased had been struggling with substance abuse, said Steve Jochim, the artment of Mental Health director for Cape Cod and the Islands.

c pressures and depression also appear to have played a role in the decision to licide, health officials said. Some had lost a job, some had difficulty finding and some were reeling from a broken relationship.

and favored by the rich and famous — "the 0.5 percent," as Pearson put it — s have brought new attention to the pressures on residents who call Nantucket 12 months a year. For many of them, health workers said, a plea for help is 2d an admission of weakness.

age men are not going to ask for help. They do not want to be seen at a mentalnter, and then you compound it with the whole way of thinking on Nantucket, hercely independent," Jochim said. "Nobody is reaching out for help."

ctance could partly explain why middle-age men are four times more likely nen to commit suicide on Cape Cod and the Islands, Jochim said. Overall, on the Cape and Islands increased 140 percent to 36 in 2011 from 15 in 2000, 5 to the latest available data from the Barnstable County human services ent.

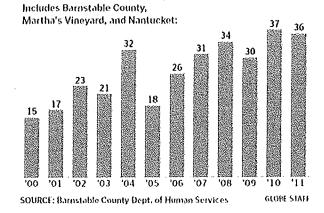
far outstripped the state's 51 percent rise to 585 suicides in 2011 from 387 in cording to the federal Centers for Disease Control and Prevention. Across the the rate rose 35 percent to 39,518 from 29,350.

e had the recession here, it was awful," Jochim said. "People on the islands and need to work two or three jobs to make a go of it."

use to the latest deaths, health ure conducting what one at official called a "psychological to determine whether the ho committed suicide shared ehaviors and concerns.

orkers also have rolled out an s campaign. An educational attracted more than 100 people h school in early January. s are providing larger employers

Suicides on Cape Cod and the Islands



with information about services. And counselors are visiting places where vulnerable men, particularly middle-age ones, are gathering.

"If you are a 50-year-old man and you're not working, where are you today?" Pearson said.

The answer led some staff members to the island's bars, where they found many patrons who were willing to talk outside of a clinical setting. If they were not at risk themselves, Pearson said, many of they knew someone who might be.

However, providing services is difficult on an expensive island that has a shortage of clinicians and long waiting lists for treatment, said Peter MacKay, social services manager at Cottage Hospital here.

"We have a hard time right now meeting our mental health needs on a day-to-day basis," MacKay said.

Attracting more staff also is a struggle because of the high cost of living, health workers said. "If I could find two or three clinicians who could have affordable housing here, I'd be in a different spot," Pearson said.

Housing pressures appear to have played a role in some of the deaths, Jochim said, as more winter rentals are converted into second homes by people who live off Nantucket. For year-rounders displaced by that trend, the urgency to find another rental is one more hurdle to make ends meet in the off-season.

'On a recent rainy afternoon, the cobblestone streets were nearly empty. Many of the restaurants and bars that thrive in summer were closed. And some that were open for business could count their customers on a single hand.

"It's pretty depressing down here this time of year. There's nothing to do," said 75-year-old Joe Lozouski. "Look outside. You could fire a cannon around here and not hit anybody."



ROB BENCHLEY FOR THE BOSTON GLOBE

When summer ends Nantucket develops something of a ghost-town appearance.

That annual winter retrenchment — from a crowded resort in the summer to a small community of 10,000 residents in the cold months — means that many Nantucketers were acquainted with one or more of the deceased.

"It bothers us because we know these people," Lozouski said. "One of the guys, you never thought he would do anything like that."

David Goodman, a tile contractor and columnist for The Inquirer and Mirror newspaper, said the suicides are an occasional, unfortunate byproduct of island life.

"The more isolated you are, the colder it is, the more drinking there is, the more substance abuse, the more suicides," Goodman said. "It is what it is. I'm not sure what you can do to make it better."

Pearson said one key will be breaking down resistance to asking for help.

"We are trying to shift that mentality," Pearson said. The thinking must be that "we look out for one another, and we look out for co-workers," even to the point of asking someone if he or she is contemplating suicide.

"Suicide has been happening on this island for as long as anyone can remember," Pearson said. "I don't think we're out of the woods."

Health workers urge Nantucketers in crisis to call suicide prevention hot lines any time at Family and Children's Services of Nantucket, 508-228-2689, and the Samaritans, 800-893-9900.

Brian MacQuarrie can be reached at macquarrie@globe.com.

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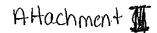
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In Our Schools

4:32 PM TUE MAY 27, 2014

Major Demographic Shifts Hit Nantucket Schools

By JASON GRAZIADEI

Listen 7:08

LISTEN Nantucket residents and school officials talk about the changes in population on island and how these demographic shifts are impacting the school system.

It's a Tuesday morning at Nantucket

Elementary School, Buses are arriving,

Students and teachers are streaming into
the main lobby preparing for another day of classes.



(http://mediad.publicbroadcasting.net/p/weai/files/201405/nantucket_elementary_schoolA.jpg)

Credi_Jason Graziadei

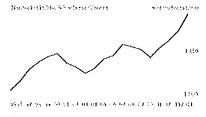
These are the sights and sounds of a typical Massachusetts elementary school. Except, not quite.

With nearly 700 students (http://profiles.doc.mass.edu/profiles/student.aspx?

orgeode=01970005&orgtypecode=6&fycode=2014) in preschool through fifth grade, Nantucket

Elementary School's enrollment puts it among the largest public elementary schools in
the state. During the past 10 years, elementary school enrollment here has increased by
30 percent.

"This elementary school is bigger than all 12 elementary schools I supervised in Albany, New York," said elementary school principal Kim Kubisch, who came to the island three years ago. "Having 700 kids in one place is the biggest elementary school that I've been a part of."



The increase in enrollment has forced Kubisch and the school to adapt. Outside the main building are two modular trailers that house the fifth grade classrooms. The school's computer lab is now wheeled around the building on a cart.

(http://mediad.publichroadeasting.net/p/weai/files/20 And while the impage of the rising increases in student population have prompted school officials to look at building a new school on Nantucket.

He elementary school, Superintendent Michael Cozort said the number of

students has been increasing district-wide for the past five years.

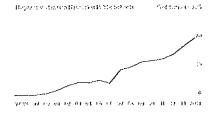
Most people perceive our enrollment challenge as a challenge for the elementary school, but it's really far larger than that," Cozort said.

It's a challenge that recently pushed Cozort and the School Committee to submit \underline{a} notice (http://www.nantucket-ma.gov/Agenda/Center/ViewFile/Agenda/03262014-1188?packet=true#) to the Massachusetts School Building Authority that the district intends to build a new school facility and is seeking state funding to offset some of the cost.

Meanwhile, the rise in enrollment coincides with another, perhaps more significant shift in the island's public schools. Nantucket's demographics are changing. Twenty years ago the school district was nearly all white. Today the island's public schools have significant percentages of Hispanic and African-American students from Central and South America, and the Caribbean, an influx that Cozort has seen accelerate in his three years as Nantucket superintendent.

"Twenty years ago, 97 percent of our student body was Caucasian. Today it's 61 percent," Cozort said. "And we have 21 percent Hispanic students and probably 15 percent African American of which the largest group is Jamaican. So our demographics have shifted."

At the elementary school today, one in four



(http://mediad.publicbroadcasting.net/p/weai/files/201405/Chart -Hispanic Students in Nantucket Public Schools.png)

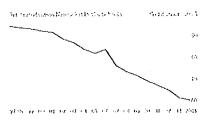
(http://profiles.doc.mass.edu/profiles/student.aspx?orgcode=01970005&orgtypecode=6&fycode=2014) students is Hispanic, and about 12 percent of all students

(http://profiles.doc.mass.edu/reportcard/ReportCard2013.aspx?

linkld=37&orgcode=01970005&fycode=2013&orgtypecode=6&) are still learning to speak English. The school identifies these students as English Language Learners, or ELL, and they require special instruction in reading, writing and speaking. The current kindergarten class of 136 students is the largest grade in the entire district, and nearly a quarter of them were identified as ELL

In the fall, Kubisch says the school will add a fourth ELL instructor to accommodate the growing number of non-English speaking students

"I would say the biggest population we have here are Spanish speaking," Kubisch said, "behind that would come Portuguese, but then we have Russian, we have Bulgarian, we have Nepalese, we have Thai..."



Cozort said the school system has responded to the growing number of non-English speaking students by adding a full-time interpreter to his staff. He projected that the district's \$400,000 ELL budget could soon approach \$1 million as it adds more teachers and eventually a full-time, dedicated director.

(http://mediad.publicbroadcasting.net/p/weai/files/201405/Chart -

White Students in Nantucket Public Schools.ipg) But those challenges are tempered by what he sees as the opportunities of a school system that is quickly diversifying.

[&]quot;I like to point to the boys soccer team, it's like the United Nations," Cozort said. "You've got an American goalkeeper, a Jamaican sweeper, a kid from El Salvador at

left mid, a kid from Ireland as a striker, a kid from Mexico and Brazil, and it works, because they have a common language and a common goal. It's pretty special. They don't look at each other as from a country. That's my teammate."

School officials point to an improving economy, specifically the island's recovering building and tourism industries, to explain the rising enrollment in Nantucket's schools. But what's driving immigrants to come and settle on a remote island where the cost of living is extremely high?

Nantucket resident and demographer Peter Morrison said Nantucket offers the promise of opportunity.

"Nantucket has many of the hallmarks of what we refer to in my field as an immigrant entry port," Morrison said. "And by that I mean a place where people I like to point to the boys soccer team, it's like the United Nations. -Superintendent Michael Cozort

from all over the planet are drawn to move, to seek a future beyond the regions of birth."

Morrison, who spent 40 years analyzing population trends (https://www.linkedin.com/pub/peter-a-mortison/6/91/hbi) for the Rand Corporation, said island's recent immigrants were able to find good-paying and steady jobs on the island, and spread the word to family and friends who followed.

"And what happens is this conveyor belt of people who come and go seasonally with the tourist industry here, some small fraction of the individuals on that conveyor belt coming and going step off and decide to make Nantucket their home," Morrison said.

Morrison said these new island residents quickly recognized that Nantucket's schools offer educational opportunities their children couldn't get elsewhere, so they strive to keep them enrolled. Despite the initial language barrier, many students have seized those opportunities.

Consider Nantucket High School senior Carlos Chavez, Chavez said his family fled El Salvador in the 1990s and settled in Boston before following his uncle, a janitor at Nantucket High School, to the island.

Chavez was just two years old when his family came to Nantucket. He learned to speak English by watching TV and through the ELL program at the elementary school.

"The program was not that big," he said.
"There was very little Hispanics at the school at that time, compared to now."



(http://mediad.publicbroadcasting.net/p/wcai/files/201405/carlos_chavez.jpg)

Carlos Chavez, right, whose family fled from El Selvador in the 1990s before settling on Nantucket, was named homecoming king of Nantucket High School in the fell of 2013, Here he is shown with Homecoming queen Mikayla Molta.

Credit Amanda Sandovel

Fast-forward to his senior year of high school, and Chavez was named homecoming king in the fall, played soccer, ran the finances for the school newspaper, and was just recognized as one of the top students in his class during a scholarship competition. In the fall, he will attend Lehigh University.

As he prepares to leave the district and the island, Chavez said the school's goal should be to expand the ELL program, so those coming up behind him have the same opportunities.

"I think we should really put emphasis on this ELL program to really motivate these kids and give them opportunities that their parents didn't have," he said. "They can be first generation Americans, first generation college students and just set a new legacy."

That legacy, whatever it may be, will indeed be a new one for Nantucket Public Schools, and one forged by students from all over the world.

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http://www.nantucketschoolsproject.com/enrollment.html

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Attachment A

COMMUNITY NEEDS STATEMENT

Level	Definition	Services included
		Nutrition (e.g. food pantry, meals on wheels, food stamps)
Level One Basic Necessities	Required by all community members in order to sustain life itself	Shelter (e.g. affordable safe housing, rental assistance, emergency aid to homeless persons)
		Utilities (e.g. fuel assistance, other utilities assistance programs)
		Access to: health care and disease prevention and management, mental health care, and dental care (this includes both direct services and enrollment in insurance and other programs which provide access including education programs that foster self sufficiency);
Level Two	Enable community	Child and elder day care
Other Fundamental	members to live decent, healthy lives in safety and	Domestic violence prevention and victim support and education;
Needs	with self respect	Substance abuse prevention and education and treatment;
		Support and education for persons and families with developmental challenges
		Access to civil legal services and education that protect both basic necessities and other fundamental needs.
Level Three	Required by the community as a whole in times of	All necessary services ancillary to police, fire and harbor protection agencies to
Emergency / Disaster Preparedness	emergency / disaster	protect the population

VRIS

TOWN OF NANTUCKET

12/3/2014

PPS070-3

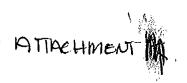
Count of Residents By Ward and Precinct

Page 1 of 1

Ward No	Prnct No	Active	Inactive	Non-Voter	Grand Total
0	1	8229	416	3839	12484
0 Tot	al	8229	416	. 3839	12484
Grand Tot	al	8229	416	3839	12484

ATTEST: A TRUE COPY

NANTUCKET TOWN CLERK



Quarterly Reporting format

FY'15

Reporting period: July 1- Sept 30, 2014

<u>Services Provided:</u> NCH Social Services

Number of hours provided this quarter: 422 (last qtr 441)

Number of individual contacts this quarter: 1007 (last qtr 1329)

Brief Narrative

This quarter was relatively busy in the primary Social Service office. The MSW and Social Work Assistant (also NCH's Interpreter) were busier with community problems; financial, housing and people turning 65 and needing Medicare explained as well as heavier than normal Indigent fund and transportation fund usage. Interestingly, the Health Care Advocates were a little less busy this quarter. They are having a little "calm before the storm" in that ALL Masshealth recipients enrolled in 2014 will need to re enroll between the times of November 15 through December 31, 2014! This will undoubtedly be a very large number of people in a very short period of time.

Also I would anecdotally note the fact that so many other Human Service agencies seem to be referring their clients to our offices for all insurance/food stamp/public health service enrollments as well as a large variety of other problems that require the skills of a social worker. In addition, we appear to be the primary stop for Spanish speaking patients, regardless of what agency is trying to provide services.

Submitted 10/8/14

Peter MacKay MSW

Quarterly Reporting format

FY'15

Reporting period: Oct 1-Dec 31, 2014

Services Provided: NCH Social Services

Number of hours provided this quarter: 635 (last qtr 422)

Number of individual contacts this quarter: 1553 (last gtr 1007)

Brief Narrative

This quarter was very busy in the NCH Social Service office. The MSW and Social Work Assistant (also NCH's Interpreter) were busier than normal with the open enrollment period for Medicare D Prescription going from Oct 15 through Dec 7. This period alone added 300+ visits to our office to assist them with choosing the best plan for 2015. We continued to address community problems; financial, housing and people needing medications. Transportation fund usage continues to be heavily utilized as well. Significant additional time had to be provided in order to provide this service and still meet the typical hospital demands.

The Health Care Advocates were also very busy this quarter and will continue to be as the states open enrollment period is running from Nov 15 through Feb 15, 2015. Appointments from community members seeking assistance are being booked 2-3 weeks out! We have even tapped into per diem employees to help out during this period of time. The increase from last quarter to this quarter shows an approximate 34% increase in volume, both hours and contacts in order to meet the community demand.

Submitted 1/7/15

Peter MacKay MSW